



Kardon Institute

2010-2011 Self-care Series:

On the first Thursday of every month we will host 90 minute workshops focused on self-care facilitated by local creative arts therapists. Participants pay \$10.00 in cash to the facilitating therapist. Attend three workshops and earn 5 CMTE credits or 4.5 CEU hours. Visit our website events page for detailed information about the speakers, workshops, learning objectives and earning continuing education credits for all modalities, including LPC's. **www.kardoninstitute.org**

Register by email:
cwineberg@kardoninstitute.org

SCHEDULE:

October 7 *Singing as a Connection to Self*
Kelly Meashey, MMT, MT-BC, FAMI

November 4 *Forgiveness through Imagery*
Gail Perkin, ATR-BC, LPC

December 2 *Creative Connections*
Dena Condon, MMT-MT-BC,LPC & Marissa Householder, MA, ATR

January 6 *Problem Solving*
Caryn Widrick, MA, MT-BC

February 3 *Music IS Good for the Soul*
Carol Ann Blank, MMT, MT-BC, FAMI, LPC

March 3 *The Imagery of Self-Care, Finding Your Guide*
Karen Rider, MA, ATR-BC, LPC

April 7 *Musical Play*
Stephanie Nolan, BA

May 5 *Connecting to the Music*
Wendy Kaiser, MT-BC

June 2 *Authentic Movement*
Andrea Miner-Isaacson, PhD, ADTR

Questions? 215 637 2077

Kardon Institute for Arts Therapy
10700 Knights Rd.
Philadelphia, PA 19114



**Kardon Institute for
Arts Therapy presents:**

**MUSICAL SKILLS FOR
THERAPY:**

GUITAR AND PERCUSSION

Flossie Ierardi, MM, MT-BC, LPC

Ted Jordan, MA, MT-BC, LPC



October 29, 2010

9AM—3:30PM

